







Royal Country Club Fitness Classes – June 2022

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00	 YOGA® With Ditta (Mixed)		 BOOTCAMP With Alastair (Mixed)		 BOOTCAMP With Alastair (Mixed)		
10:30	 Dance Fit With Venky (Mixed)						

Cancellation Policy: 2 hrs in advance
Booking Window: Members 7 Days in advance
Guests 3 Days in advance

To register for a class, please call +973 17750777 - **Bookings Essential**

BOOTCAMP - Single Class: BD5 Annual RCC Members, Annual Full Golf Members & BD7 Other Memberships, Non Members
Package for 10: BD45 Annual RCC Members, Annual Full Golf Members & BD60 Other Memberships, Non Members

YOGA - Single Class: BD6 Annual RCC Members, Annual Full Golf Members & BD9 Other Memberships, Non Members
Package for 10: BD55 Annual RCC Members, Annual Full Golf Members & BD75 Other Memberships, Non Members

DANCE FIT - Single Class: BD8 Annual RCC Members, Annual Full Golf Members & BD10 Other Memberships, Non Members
Package for 6 Weeks: BD33 Annual RCC Members, Annual Full Golf Members & BD42 Other Memberships, Non Members

