







Royal Country Club Fitness Classes – February 2021

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00			 BOOTCAMP With Alastair (Mixed)		 BOOTCAMP With Alastair (Mixed)		
11:00		VIRTUAL BOOTCAMP With Alastair (Mixed)		VIRTUAL BOOTCAMP With Alastair (Mixed)			 YOGA With Amira (Mixed)
18:00			 YOGA With Amira (Mixed) **				

Cancellation Policy: 2 hrs in advance

**Booking Window: Members 7 Days in advance
Guests 3 Days in advance**

To register for a class, please call +973 17750777 - **Bookings Essential**

BD5 Annual RCC Members, Annual Full Golf Members & BD7 Other Memberships, Non Members

Package for 10: BD45 Annual RCC Members, Annual Full Golf Members & BD60 Other Memberships, Non Members

VIRTUAL CLASSES Package for 12: BD36 Annual RCC Members, Annual Full Golf Members & BD42 Other Memberships, Non Members

**** Yoga every other Tuesday starting from 2nd February**

