



Bahrain's premier events, dining and golf venue

Trained Brain Package

Package consists of:

- 1 x 90-minute consultation to establish strengths, weaknesses and goals and provide an introduction to mental training
- 1 x 90-minute on-course playing lesson to develop a sound and effective mental pre-shot routine
- 1 x 90-minute summary session to solidify your steps and provide further tools in effectively handling all the mental challenges that golf can throw at you!